

PENPERGWM HOUSE

Programme for week commencing Monday 19th April 2021

<p>Monday 19th</p>	<p>11:00am Morning walk with Abbie Supported by Rhiannon</p>		<p>2.45pm Father Johns Church Service with Abbie In the Garden Room Supported by Jo</p>	<p>3.15pm Residents Choice of Popular music in the garden room</p>
<p>Tuesday 20th Happy Birthday Lorna</p>	<p>11.00am Crafts with Abbie In the Garden Room Supported by Jo</p>		<p>2.45pm Cheese and wine tasting in the Garden With Abbie Supported by Paula</p>	
<p>Wednesday 21st Happy Birthday Brenda</p>	<p>11.00am Keep fit with Abbie In the Garden room Supported by Tracey</p>		<p>2.30pm Afternoon Drive with Abbie</p>	<p>2.30pm Sing-along On the big screen In the Garden Room with Autumn</p>
<p>Thursday 22nd</p>	<p>11.00am Scrabble with Abbie In the Garden Room Supported by Cara</p>		<p>2.30pm Andre Rieu Concert with Abbie In The Garden room Supported by Tracey</p>	
<p>Friday 23rd St Georges Day</p>	<p>11.00am Move it or lose it with Sharon In the Garden Room Supported by Paula</p>		<p>2.30pm St George's Day Activities with Sharon In the Garden room Supported by Autumn</p>	<p>HAPPY ST GEORGE'S DAY</p> 
<p>Saturday 24th</p>	<p>11.00am Cards with Carian In the Garden room</p>		<p>2.30pm Pianist Dorina will be playing in the Reception area Supported by Nitaya</p>	
<p>Sunday 25st</p>	<p>11.00am Residents Choice of activity with Autumn In the Garden Room</p>	<p>12.30pm Pre Lunch drinks with Nitaya</p>	<p>2.00pm Netflix Film On the big screen In the Garden Room with Katrina</p>	<p>2.30pm Daniel O'Donnell On the big screen In the Garden Room with Autumn</p>
<p><i>After Every Storm Comes A Rainbow.</i></p>				

Daily Routine

at Penpergwm House

8am – 9.30am

Breakfast in Dining Room

(or you can choose to have in your own room)

10.30am

Tea and Coffee & Biscuits

Will be served on a trolley across all communal areas and rooms

10.45am-12pm

An arranged activity will be going on –

See the Programme on the reverse.

12.30pm

A Freshly Cooked Lunch Will Be Served In The Dining Room

2.30pm

An arranged activity will be going on –

see the programme on the reverse.

3.45pm

Afternoon Tea & Coffee & Freshly Baked Biscuits/Cakes

Will be served across all communal areas and Resident's rooms.

5.30pm

Supper Will Be Served In The Dining Room

You are more than welcome to have supper in your room, at a time you wish, if you prefer