

# PENPERGWM HOUSE

## MENU w.c. 17<sup>th</sup> May 2021

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

### MONDAY

#### Lunch

**Warm Quiche**

**Mix of Salads & New Potatoes**



**Lemon Tart**

#### Supper

**Stuffed Peppers**



**Banana Custard**

### TUESDAY

#### Lunch

**PH Style Chicken Kiev**

**Pea Puree & Creamed Mash**



**Summer Berry Pavlova**

#### Supper

**Glamorgan Sausages**



**Cheeseboard & Grapes  
Crackers**

### WEDNESDAY

#### Lunch

**Pan-fried Cod & Pancetta**

**New Potatoes, Seasonal Greens**



**Apricot & Almond Swirl**

#### Supper

**Stuffed Mushrooms**



**Rice Pudding & Jam**

### THURSDAY

#### Lunch

**Ham, Egg & Chips**



**Peach Melba Roulade**

#### Supper

**Savoury Muffin**



**Toffee Apple Pudding**

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**FRIDAY**

**Lunch**

**Traditional Fish & Chips**

Mushy/Minted Peas



**Summer Trifle**

**Supper**

**Scotch Eggs**

PH Ketchup



**Selection of Yoghurts**

**SATURDAY**

**Lunch**

**Sweet & Sour Chicken**

**Rice & Stir Fried Vegetables**

**Prawn Crackers**



**Cherry Bakewell**

Cream

**Supper**

**Cauliflower Cheese**



**Strawberries & Cream**

**SUNDAY**

**Lunch**

**Roast Beef & Yorkshire Pudding**

**Roast Potatoes, Seasonal Vegetables**



**Plum & Apple Cobbler**

Custard/Cream

**Supper**

**Homemade Tomato & Red Pepper**

**Soup &**

**Selection of Sandwiches**



**Fresh Fruit Salad**

**Alternative lunches available on request, if required:**

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*