

# PENPERGWM HOUSE

## MENU w.c 5<sup>th</sup> July 2021

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

### MONDAY

#### Lunch

**Steamed Salmon, New Potatoes  
Seasonal Vegetables & Watercress  
Sauce**



**Sherry Trifle**

#### Supper

**Cheese on Toast**



**Fresh Fruit**

### TUESDAY

#### Lunch

**Cold Roast Turkey  
Potato Salad & Salad Selection**



**Ginger Roll  
Cream**

#### Supper

**Sausage & Chips**



**Apples with Maple Syrup**

### WEDNESDAY

#### Lunch

**Roast Lamb & Mint Sauce  
Roast Potatoes, Seasonal Vegetables**



**Raspberry Gateaux**

#### Supper

**Jacket Potato  
Cheese & Baked Beans**



**Selection of Yoghurts**

### THURSDAY

#### Lunch

**Coronation Chicken  
New Potatoes & Green Vegetables**



**Summer Fruit Pavlova**

#### Supper

**Cod Goujons  
Bread & Butter, Salad**



**Chocolate Muffin**

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**FRIDAY**

**Lunch**

**Pancetta Cod Parcels**  
**Mash & Seasonal Vegetables**



**Summer Fruit Crumble**  
**Custard or Cream**

**Supper**

**Stuffed Mushrooms**  
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**Fruit Cocktail & Cream**

**SATURDAY**

**Lunch**

**Sweet & Sour Chicken**  
**Prawn Crackers, Spring Rolls**



**Cherry Pie**  
**Cream**

**Supper**

**Tuna Pasta Bake**  
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**Ice Cream Selection**

**SUNDAY**

**Lunch**

**Roast Turkey & Stuffing**  
**Roast Potatoes, Seasonal Vegetables**



**Summer Fruit Mousse**  
**Shortbread**

**Supper**

**Homemade Soup**  
**Selection of Sandwiches,**  
**Pork Pie & Crisps**



**Fresh Fruit**

**Alternative lunches available on request, if required:**

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*