

# PENPERGWM HOUSE

## MENU w.c 28<sup>th</sup> July 2021

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

### MONDAY

#### Lunch

**Beef Patties**  
**Coleslaw & Potato Wedges**  
**Onion Rings**



**Black Forest Sundaes**

#### Supper

**Cauliflower Cheese**  
  
**Jelly**

### TUESDAY

#### Lunch

**Buttered Chicken**  
**Rice, Poppadom & Mango Chutney**



**Vanilla Sponge**  
**Melba Sauce & Ice Cream**

#### Supper

**Sausage & Baked Beans**  
  
**Profiteroles & Chocolate Sauce**  
**Cream**

### WEDNESDAY

#### Lunch

**Roast Beef & Yorkshire Puddings**  
**Roast Potatoes, Seasonal Vegetables**



**Summer Crumble**  
**Cream/Custard**

#### Supper

**Pilchards on Toast**  
  
**Angel Delight**

### THURSDAY

#### Lunch

**Cold Cuts**  
**Pickles, Assorted Salads**  
**& New Potatoes**



**Neapolitan Ice Cream**  
**Wafer & Fresh Fruit**

#### Supper

**Creamed Mushrooms & Smoked**  
**Bacon on a Muffin**  
  
**Semolina & Jam**

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**FRIDAY**

**Lunch**

**Traditional Fish & Chips**

Mushy peas



**Chocolate Tart**

Cream

**Supper**

**Cornish Pasty**

Bread & Butter



**Toffee Apples**

Cream

**SATURDAY**

**Lunch**

**Gammon Ham, Egg & Chips**



**Saucy Lemon Pudding**

Cream/Custard

**Supper**

**Fish Finger Sandwiches**



**Treacle Tart**

Cream

**SUNDAY**

**Lunch**

**Roast Turkey & Stuffing**

Roast Potatoes, Seasonal Vegetables



**Eve's Pudding**

Cream

**Supper**

**Carrot & Lentil Soup**

Selection of Sandwiches,



**Chocolate Mousse**

**Alternative lunches available on request, if required:**

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*