

# PENPERGWM HOUSE

## MENU 15<sup>th</sup> November 2021

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

### MONDAY

#### Lunch

**Traditional Fish Pie  
Vegetable Medley**



**Berry Crumble  
Custard**

#### Supper

**Glamorgan Sausages**



**Bananas & Custard**

### TUESDAY

#### Lunch

**Chicken Goulash  
Mini New Potatoes, Buttered  
Cabbage, Garden Carrots**



**Fresh Fruit Salad  
Cream**

#### Supper

**Smoked Salmon Paté**



**Angel Delight**

### WEDNESDAY

#### Lunch

**Roast Lamb & Mint Sauce  
Roast Potatoes  
Seasonal Vegetables**



**Plum & Apple Cobbler  
Cream**

#### Supper

**Soup  
Bread Roll**



**Jelly**

### THURSDAY

#### Lunch

**Cottage Pie  
Peas & Sweetcorn**



**Tropical Pavlova**

#### Supper

**Scone-based Margarita Pizza**



**Lemon Sorbet**

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**FRIDAY**

**Lunch**

**Smoked Haddock & Chive  
Tartlets**  
**Sautéed Potatoes & Green Beans**



**Egg Custard Tart**  
**Cream**

**Supper**

**Cheese & Ham Platter**  
**Tiger Bread, Assortment of PH Pickles**



**Selection of Ice Cream**

**SATURDAY**

**Lunch**

**Beef Cobbler**  
**Mashed Potato & Seasonal  
Vegetables**



**Sticky Toffee Pudding**  
**Custard**

**Supper**

**Cheese & Potato Pie**  
**Fruit Cocktail & Cream**

**SUNDAY**

**Lunch**

**Roast Chicken & Stuffing**  
**Roast Potatoes & Seasonal Vegetables**



**Winter Cheesecake**

**Supper**

**Homemade Pumpkin Soup**  
**Selection of Sandwiches**



**Fruit Mousse**

**Alternative lunches available on request, if required:**

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*