

# PENPERGWM HOUSE

## MENU w.c 22<sup>nd</sup> November 2021

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

### MONDAY

#### Lunch

**Chicken Cassoulet  
Cream Potatoes &  
Seasonal Vegetables**



**Jam Roly Poly  
Custard**

#### Supper

**Macaroni Cheese**



**Vienetta**

### TUESDAY

#### Lunch

**Welsh Lamb Hot pot  
Mixed Vegetables**



**Lemon Roulade**

#### Supper

**Creamed  
Mushrooms & Bacon  
On Toast**



**Fruit in Jelly**

### WEDNESDAY

#### Lunch

**Roast Beef  
& Yorkshire Puddings  
Seasonal Vegetables**



**Mulled Wine Winter pudding**

#### Supper

**Bacon & Egg Dip Soldiers**



**Baked Egg Custard**

### THURSDAY

#### Lunch

**Full Monty  
Bacon, Egg, Sausage, Beans, Fried  
Bread, Hash Browns, Grilled Tomato,  
Black Pudding**



**Rice Pudding & Jam**

#### Supper

**Fish Fingers Sandwiches  
Baked Beans**



**Jelly & Blancmange**

**w/c 22nd November 2021**

**FRIDAY**

**Lunch**

**Salmon en Croute  
Dauphinoise potatoes  
Peas & Garden Carrots**



**Steamed Syrup Pudding  
& Custard**

**Supper**

**Bubble & Squeak  
& Fried Egg**



**Selection of Yogurts**

**SATURDAY**

**Lunch**

**Warm Quiche Lorraine  
Potato Wedges &  
Coleslaw**



**Baileys Tiramisu**

**Supper**

**Corned Beef Hash**



**Semolina  
Jam**

**SUNDAY**

**Lunch**

**Roast Pork & Roast Potatoes  
Seasonal Vegetables**



**Apple Tart  
Custard or Cream**

**Supper**

**Homemade Vegetable Soup  
Selection of Sandwiches**



**Fresh Fruit Platter**

**Alternative lunches available on request, if required:**

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*