

PENPERGWM HOUSE

MENU w.c 10th January 2022

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

MONDAY

Lunch

**Traditional Fish Pie
Broccoli & Carrots**



**Fruit Crumble
Custard or Cream**

Supper

**Sausage Rolls With
P.H Tomato Chutney**



Viennetta

TUESDAY

Lunch

**Meat Loaf
Cheese & Leek & Potato Mash
Onion Gravy**



**Bread Pudding
Custard**

Supper

**Prawn Cocktail
Bread & Butter**



**Chocolate Mint Chip
Ice-Cream**

WEDNESDAY

Lunch

**Roast Chicken & Stuffing
Seasonal Vegetables & Roast
Potatoes**



**Winter Rice Pudding
Jam**

Supper

**Root Vegetable Soup
Soft Bread Roll**



Baileys Tiramisu

THURSDAY

Lunch

**Beef Goulash with Rice
Medley of Mixed Vegetables**



**Steamed Jam Sponge
Custard**

Supper

Pastry Free Quiche



Tinned Fruit & Cream

w/c 10th January 2022

FRIDAY

Lunch

Panfried Salmon
Seasonal Vegetables & Creamed
Potatoes



Lemon Posset

Supper

Macaroni Cheese



Fresh Fruit Platter

SATURDAY

Lunch

Chicken Casserole
New Potatoes



Apple & Raspberry Tart
Custard or Cream

Supper

Gala Pie

Salad



Jelly

SUNDAY

Lunch

Roast Pork & Roast Potatoes
Seasonal Vegetables



Sticky Toffee Pudding
Custard or Cream

Supper

Homemade Soup
Selection of Sandwiches



Selection of Welsh Yoghurts

Alternative lunches available on request, if required:

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.