# PENPERGWM HOUSE

# MENU w.c. 3<sup>rd</sup> January 2022

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available.

Hot breakfast is offered every weekend.

### **MONDAY**

### Lunch

Steak & Kidney Pie
Mash & Winter Vegetables

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White Chocolate & Raspberry
Gateaux

### Supper

Penpergwm Fish Cakes PH Red Onion Chutney

**Stewed Apples & Custard** 

### TUESDAY

### Lunch

### **Full Monty Brunch**

Sausage, Bacon, Black Pudding, Tomato, Egg, Hash Browns, Baked Beans & Mushrooms

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Apple Crumble

**Cream or Ice Cream** 

Supper

Stilton Puffs

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Fruit & Ice Cream

# **WEDNESDAY**

#### Lunch

Roast Chicken & Roast Potatoes Seasonal Vegetables

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Syrup sponge Pudding

Supper

Egg Mayonnaise Salad & Jelly

# **THURSDAY**

Lunch

Lasagne Potato Wedges & Salad

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**Bread & Butter Pudding** 

Supper

Pate on toast

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**Angel Delight** 

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# **FRIDAY**

### Lunch

Battered Fish & Chips Peas Sherry Trifle

# Supper

Jacket Potatoes
Cheese & Beans

**Peaches Cream** 

## **SATURDAY**

#### Lunch

Toad in the Hole
With Onion Gravy & Vegetables

Blackcurrant Cheesecake
Cream

# **Supper**

Quiche

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Fruit Salad

## **SUNDAY**

### Lunch

Roast pork
Roast Potatoes & all the Trimmings

**Chocolate Sauce Pudding** 

# Supper

Homemade Tomato & Roasted Red Pepper Soup Selection of Sandwiches

Yoghurt

# Alternative lunches available on request, if required:

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM** 

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.