

PENPERGWM HOUSE

MENU w.c 11th July 2022

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

MONDAY

Lunch

Salmon & Leek Tray Bake
Sautéed Potatoes, Peas



Saucy Lemon Pudding
Cream

Supper

Cowboy Pie



Banana Custard

TUESDAY

Lunch

Meat Loaf
Creamed Mash & Seasonal
Vegetables



Black Forest Trifle

Supper

Cheese Ploughman's
Bread, Pickles & Grapes



Aero Mint Cheesecake

WEDNESDAY

Lunch

Roast Chicken & Stuffing
Seasonal Vegetables & Roast
Potatoes



Strawberry Cream

Supper

**Onion Bhajis with Cucumber &
Mint Raita**



Treacle Tart
Cream

THURSDAY

Lunch

Vegetable Curry
Rice & Poppadums



Selection of Ice Cream Cones
(or a bowl if preferred!)

Supper

Baked Beans on Toast



Selection of Yoghurts

w/c 11th July 2021

FRIDAY

Lunch

**Fresh Pan-Fried Basa
Mash & Seasonal Vegetables**



**Raspberry & Chocolate Tart
Cream**

Supper

Scrambled Eggs & Ham



Chocolate or Strawberry Mousse

SATURDAY

Lunch

**Toad in the Hole
Onion Gravy, Mash & Green Beans,**



**Peach & Almond Slice
Custard**

Supper

Cauliflower Cheese



Milk Jelly

SUNDAY

Lunch

**Roast Pork & Crackling
Homemade Gravy
Roast Potatoes, Seasonal Vegetables**



Baked Cheesecake

Supper

**Homemade Soup
Selection of Sandwiches & Crisps**



Peaches & Cream

Alternative lunches available on request, if required:

Fishcakes, sausages, home-made quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.