

PENPERGWM HOUSE

MENU w.c 4th July 2022

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

MONDAY

Lunch

**Steamed Salmon, New Potatoes
Seasonal Vegetables & Watercress
Sauce**



Sherry Trifle

Supper

Sausage & Chips



Fresh Fruit

TUESDAY

Lunch

**Cold Roast Turkey
Potato Salad & Salad Selection**



**Ginger Roll
Cream**

Supper

Prawn Cocktail



Apples with Maple Syrup

WEDNESDAY

Lunch

**Roast Lamb & Mint Sauce
Roast Potatoes, Seasonal Vegetables**



Raspberry Gateaux

Supper

**Jacket Potato
Cheese & Baked Beans**

Strawberries & Cream

THURSDAY

Lunch

**Beef Wellington
New Potatoes & Green Vegetables**



Summer Fruit Pavlova

Supper

**Cod Goujons
Bread & Butter, Salad**



Chocolate Muffin

w/c 4th July 2021

FRIDAY

Lunch

Pancetta Cod Parcels
Mashed Potatoes & Seasonal
Vegetables



Summer Fruit Crumble
Custard or Cream

Supper

Stuffed Mushrooms
Fruit Cocktail & Cream

SATURDAY

Lunch

Honey & Soy Chicken
Rice, Stir Fried Vegetables



Cherry Pie
Cream

Supper

Tuna Pasta Bake
Ice Cream Selection

SUNDAY

Lunch

Roast Beef & Yorkshire Puddings
Roast Potatoes, Seasonal Vegetables



Summer Fruit Mousse
Shortbread

Supper

Homemade Soup
Selection of Sandwiches,
Pork Pie & Crisps



Fresh Fruit

Alternative lunches available on request, if required:

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM**

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.