# PENPERGWM HOUSE

## MENU w.c 15th January 2024

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every weekend.

Orange juice with a choice of tea or coffee will accompany your food.

## **MONDAY**

#### Lunch

Lamb Tagine Roasted Vegetables, Cous Cous

> Blueberry & Lemon Croissant Pudding Custard

### Supper

Scampi & Chips

Fig Sponge Pudding

## **TUESDAY**

#### Lunch

Sausage Casserole
New Potatoes or Mash & Seasonal
Vegetables

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Merlot Poached Pears
With Vanilla & Cinnamon

### Supper

Ham, Cheese & Potato Pie

## **WEDNESDAY**

#### Lunch

Roast Pork & Crackling
Roast Potatoes, Seasonal Vegetables
& Apple Sauce

Chocolate Orange Tart

## Supper

**Stuffed Mushrooms** 

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Apple Crumble Custard/Cream

## **THURSDAY**

### Lunch

Caramas Cheesesake

Caramac Cheesecake

## Supper

Corned Beef Hash

## w/c 15th January 2024

#### **FRIDAY**

#### Lunch

Fish & Chips
Mushy Peas & Tartar Sauce

Coconut Jam Sponge & Custard

### Supper

Chilli con Carne In a Jacket Potato

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Ice Cream with Fruit Coulis

#### **SATURDAY**

#### Lunch

Beef Casserole

Dumplings & Seasonal Vegetables

Plum & Apple Cobbler Custard or Cream

#### Supper

Cauliflower Cheese & Smokey
Bacon Bake

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Fresh Fruit Salad Ice Cream or Cream

### **SUNDAY**

#### Lunch

Roast Chicken & Stuffing Seasonal Vegetables & Roast Potatoes

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Peach Melba Cream

Supper

Homemade Leek & Potato Soup Sunday Tea – Light Bite Selection

Jamaica Ginger Pudding

## Alternative lunches available on request, if required:

Fishcakes, sausages, quiche, salads, cold meats, cheese & potato pie, corned beef hash or omelette

Cheese & Biscuits, Mousse, Fruit Jelly, Ice Cream and Fruit Salad are offered as an alternative pudding and after supper.

If you feel you would prefer something other than the set menu, the Catering team are happy to oblige but we do kindly ask tell the kitchen **BEFORE 10AM** 

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.