

PENPERGWM HOUSE

Planned Activity Programme for Week: Monday 25th March 2024

Monday 25 th		11.00am	2.30pm
	Garden Room	Keep Fit	Creative Poetry
	Studio	Trip Out to the Garden Centre	Easter Crafts
Tuesday 26 th		11.00am	2.30pm
	Garden Room	Big Screen Sing-along	Residents Choice of Activity
Mary, the Hairdresser will be in today	Studio	1950s Sing A Long	Making Easter Trees
Wednesday 27 th		11.00am	2.30pm
	Garden Room	Morning Exercises	The Big Cheese
	Studio	10.30 Trip To The Bryn Village Hall	Flower Arranging
Thursday 28 th		11.00am	2.30pm
	Garden Room	Skittles	Archery on the lawn (weather dependent)
	Studio	Gardening with Seed Trays	Mixed Media Painting
Good Friday 29 th Bank Holiday		11.00am	2.30pm
	Garden Room	Balloon Tennis	Bouls with Bev (weather dependent)
	Studio	Knit and Natter	Armchair Travel to Jerusalem
Easter Saturday 30 th		11.00am	2.30pm
		Spring Wordsearch In the Garden Room	Decorating Easter Cakes In the Garden Room
Easter Sunday 31 st		Easter Egg Hunt Across the Home	Easter Film <i>Jesus Christ Superstar</i>

There are multiple 1:1s & other ad hoc activities happening throughout the week and an opportunity to attend Church on most Sundays.

Daily Routine at Penpergwm House

8am – 9.30am

Breakfast in Dining Room

(or you can choose to have in your own room)

10.30am

Tea and Coffee & Biscuits

Will be served on a trolley across all communal areas and rooms

10.45am-12pm

An arranged activity will be going on –
see the programme on the reverse.

12.30pm

A Freshly Cooked Lunch Will Be Served In The Dining Room

2.30pm

An arranged activity will be going on –
see the programme on the reverse.

3.45pm

Afternoon Tea & Coffee & Freshly Baked Biscuits/Cakes

Will be served across all communal areas and Resident's rooms.

5.30pm

Supper Will Be Served In the Dining Room

You are more than welcome to have supper in your room, at a
time you wish, if you
prefer