

# PENPERGWM HOUSE

**MENU w.c. 3<sup>rd</sup> March 2025**

**Breakfast is served daily in the Garden Room from 8.00am – 9.30am.**

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every day

Orange juice with a choice of tea or coffee will accompany your food.

## MONDAY

### Lunch

**Steak & Kidney Pie  
Chips, Carrots & Peas**



**Fruit Plait  
Custard or Cream**

### Supper

**Sausage Bacon Roll**



**Ice Cream  
Caramel Sauce & Wafer**

## SHROVE TUESDAY

### Lunch

**Beef Stroganoff  
Seasonal Vegetables**



**Hokey Pokey  
Cheesecake**

### Supper

**Savoury Pancakes  
Various Toppings**



**Fresh Fruit Salad**

## WEDNESDAY

### Lunch

**Roast Chicken  
& Stuffing  
Roast Potatoes, Seasonal Vegetables**



**Baileys Brioche Pudding  
Custard**

### Supper

**Smoked Salmon & Creamed  
Cheese on Muffins  
Strawberry Mousse**

## THURSDAY

### Lunch

**Lasagna  
Garlic Bread & Salad**



**Sticky Toffee Pudding  
Toffee Sauce & Cream**

### Supper

**Leek & Caerphilly Crumble Tart  
Side Salad  
Jamaican Ginger Pudding**

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FRIDAY

Lunch

Gammon Ham  
Potato Salad, French Bread



Lemon Tart

Supper

Cheese, Crackers & Grapes  
Chutney & Pickles



Peach Melba

SATURDAY

Lunch

PH Chicken Kyiv  
Mini Baked Potatoes & Cauliflower  
Peas



Jam Tart & Custard

Supper

Sausage Rolls  
With PH Homemade Ketchup



Fruit Cocktail  
Cream

SUNDAY

Lunch

Roast Beef & Yorkshire Puddings  
Roast Potatoes, Seasonal Vegetables



Spotted Dick  
Custard or Cream

Supper

Cream Cakes  
& Selection of Sandwiches

Home made Soup

We offer a daily, seasonal alternative to the set menu and politely ask that you inform the kitchen directly or the Catering Assistant (during the morning tea trolley) if you would prefer that **BEFORE 10.30am**

*For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.*