



PENPERGWM HOUSE



DUE TO UNFORESEEN CIRCUMSTANCES – WE HAVE A SIMPLIFIED PROGRAMME THIS WEEK – PLEASE ACCEPT OUR APOLOGIES.

**Planned Activity Programme for Week:
Monday 14th April 2025**

		11.00am	2.30pm
Monday 14 th	Garden Room	Keep Fit	Easter – The Christian Festival
Tuesday 15 th Mary, the Hairdresser will be in today	Garden Room	Puzzle Corner	Childhood Memories
Wednesday 16 th Happy Birthday John	Garden Room	Morning Exercises	General Knowledge Quiz
		Trip to The Bryn Coffee Morning	
Thursday 17 th	Garden Room	Hoopla	Archery on the Lawn <i>Weather Permitting</i>
	Studio	Easter Biscuits	Darts & Games In the Garden <i>Weather Permitting</i>
Good Friday 18 th	Garden Room	Armchair Exercises	Easter Film
Saturday 19 th		Residents Choice of Activity	Easter Wordsearch & Crosswords
Easter Sunday 20 th		Songs of Praise & Sherry	Afternoon Film Journey to Bethlehem

There are multiple 1:1s & other ad hoc activities happening throughout the week and an opportunity to attend Church on most Sundays.

Daily Routine at Penpergwm House

8am – 9.30am

Breakfast in Dining Room

(or you can choose to have in your own room)

10.30am

Tea and Coffee & Biscuits

Will be served on a trolley across all communal areas and rooms

10.45am-12pm

An arranged activity will be going on –
see the programme on the reverse.

12.30pm

A Freshly Cooked Lunch Will Be Served In The Dining Room

2.30pm

An arranged activity will be going on –
see the programme on the reverse.

3.45pm

Afternoon Tea & Coffee & Freshly Baked Biscuits/Cakes

Will be served across all communal areas and Resident's rooms.

5.30pm

Supper Will Be Served In the Dining Room

You are more than welcome to have supper in your room, at a
time you wish, if you prefer



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