

PENPERGWM HOUSE

18th May 2026

Breakfast is served daily in the Garden Room from 8.00am – 9.30am.

If you require a later breakfast, this will be delivered on a tray to your room.

We offer white or brown toast with jam, marmalade or your choice of spread. A selection of cereals, porridge, yoghurt and fresh fruit are always available. Hot breakfast is offered every day

Orange juice with a choice of tea or coffee will accompany your food.

MONDAY

Lunch

Pasta Bolognese Bake



**Jam Sponge
Custard or Cream**

Supper

Prawn Cocktail



Ice Cream

TUESDAY

Lunch

**Chicken Salad
New Potatoes & Rainbow Slaw**



**Rhubarb Crumble
Custard or Cream**

Supper

**Baked Camembert
Redcurrant Jelly, Crusty Bread**



Fresh Fruit Salad

WEDNESDAY

Lunch

**Selection of Quiche
Jacket Potato & Green Salad**



Fresh Fruit Platter

Supper

Hot Dogs & Chips



Banana Custard

THURSDAY

Lunch

**Traditional Fish & Chips
Mushy Peas & Tartare Sauce**



Strawberry Gateaux

Supper

Sausage & Beans



Raspberry Mousse

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FRIDAY

Lunch

**Sweet & Sour Chicken
Egg Fried Rice & Vegetable Spring
Roll**



**Stewed Apple
Custard or Cream or Ice Cream**

Supper

**Corned Beef Hash
Baked Beans**



Eton Mess

SATURDAY

Lunch

**Gammon, Egg & Chips
Green Salad**



Cranachan

Supper

**Chicken Goujons
Various Flavoured Dips
Salad**



Peaches & Cream

SUNDAY

Lunch

**Roast Pork & Apple Sauce
Roast Potatoes, Seasonal Vegetables**



Traditional Sherry Trifle

Supper

**Selection of Light Bites and
Sunday Sweet Treats**

We offer a daily, seasonal alternative, as well as a daily homemade soup, to the set menu and politely ask that you inform the kitchen directly or the Catering Assistant (during the morning tea trolley) if you would prefer that

BEFORE 10.30am

For all allergen and quality assurance information or any other specific dietary requirements, please ask a member of staff or speak to the kitchen.